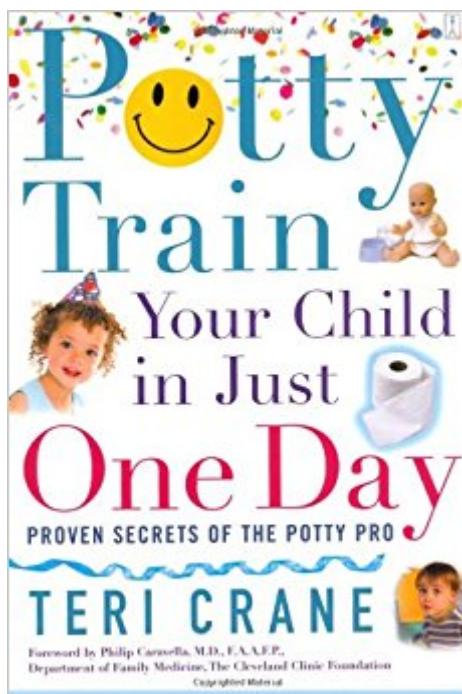


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# Potty Train Your Child In Just One Day: Proven Secrets Of The Potty Pro [toilet Training]



## **Synopsis**

A fun, easy-to-use guide to potty training any child in just ONE DAY. Just think, from the time babies are born until they are toilet trained, they use an average of 4,000 diapers! *Potty Train Your Child in Just One Day* is the helpful guide you've been waiting for to get your child out of diapers and turn the potentially terrifying process of toilet training into an effective and enjoyable bonding experience with your child. Teri guides parents to the successful one-day potty training of their child by teaching them how to:

- Look for the signs that your child is ready to be potty trained
- Make the potty connection by using a potty-training doll
- Create incentive through consistent positive reinforcement
- Use charts, quizzes, and checklists to help with every step of potty training
- Know when it's time to bring in a potty pinch hitter
- Complete your potty training "no more accidents

Once Teri teaches you her techniques, she shares her secret "potty parties! She has carefully designed twelve imaginative themes for parties, such as a seriously silly circus, a cartoon character carnival, or a magic carpet express, and supplies parents with everything they will need. Teri has proven that a potty party day engages a child in potty training in a way that no other method has before "by speaking a toddler's language. A party may translate to fun, games, cake, candy, presents, and prizes to a child, but with Teri's expertise, parents can use it as a tool to motivate their child to want to go to the bathroom "and to keep on going. That's why it works in just one day!

## **Book Information**

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## **Customer Reviews**

"Desperate parents will want this book..." -- Library Journal, May 15, 2006

Teri Crane is known as the Potty Pro to the thousands of parents, teachers, and child care providers who have gone through her potty-training boot camp. She lives in Avon Lake, Ohio, with her husband and son.

This works. I thought I'd just start this review with that simple statement because I did not believe it would. My daughter had 1 accident the day of training and one week later has consistently been dry even with outings, naps and she just did her first overnight completely dry. Some notes on the process: It was expensive. I didn't have as much time as she suggests, so that could have been my fault, in part. I planned the whole potty party in 48 hours because I only had one day I could plan for, and I didn't want to miss the window of opportunity for my child. I'm glad I didn't wait, but I would recommend some time and financial planning, or at least more discriminate shopping to prepare if finances are a worry. I felt a bit like I was teaching my daughter to conform to peer pressure, because a great majority of the learning process is that they are teaching their baby and then turning to the child and offering them a reward if they promise to be like the dolly and use the potty "someday." It's exhausting, lol. If you are an espresso person make sure to have a quad that day... or take some pre-workout if that's you, haha. It takes a lot of crazy energy to make this process work. I love her description of the level of energy that is optimal. For anyone wondering if this works for younger children to, yes it does. My daughter is 20 months, but was showing every single one of the readiness signs in the book and was also refusing to wear diapers. I hesitated before starting because the author recommends 2.5 - 3 years old for the potty training process, but it still worked just fine. I am so grateful I took a chance on this book and will be putting it in every gift bag to new parents in my life from now on. This made potty training simple, quick and fairly painless.

Best potty training book on the market! Worked exactly as it said it would, I used this potty training method for both of my children and had amazing success. I think anyone who's looking for a stress free potty training experience should buy this book! I'm so happy I came across it :-)

I would not say my son was potty trained in one day. But I would say that this book got him off to an incredibly good start and was worth the effort required. I implemented the plan from the book about 1 month ago. At that point my son was 3 years, 2 months old and had little to no interest in using the potty. I read the book cover to cover about a month in advance, and went back and re-read sections

as the Big Day approached. I decided to do the Super Hero party; I mostly followed the instructions for what to buy and it set me back between \$200-\$300. I wrote a lot of notes out in advance. Like what the timeline of the day needed to be, appropriate phrases to use or not use, etc. My son takes a long afternoon nap so I knew time would be tight! I used a potty monkey instead of a doll. I think a doll might have worked better. He was a little disinterested in the monkey at first and annoyed that it was the reason he was spending so much time in the bathroom and not playing. But once I started making the monkey pee and poo when he wasn't looking he thought the monkey was pretty fascinating. The theme idea was great. It provided a focal point for the day and helped me come up with new ways to hold his interest. We did a lot of super hero rescue missions, put together a locker of things a super hero would need, etc. He wasn't too interested in the potty DVDs I bought him; he preferred to stay active. I also bought a Melissa & Doug fishing set. This was probably my best purchase! He could sit on the potty for several minutes "fishing" and I didn't have to fight him to stay put. It also distracted him and helped him relax. A variety of different potty books also helps. After his nap I had him unwrap his underwear and he wore it. He had lots of accidents. I would put him on the potty and he wouldn't do anything and then 5 minutes later he would pee his pants. I was very frustrated and concerned. And then after about 1.5 hours it just seemed to click. We ended up going to Chuck E Cheese for his "party" and he didn't have a single accident there. I took him to the public bathroom and he peed there 3 times with no issues whatsoever. I didn't give him a whole bunch of presents, it just really wasn't necessary between all the little treats all day long and then going to Chuck E Cheese. The next morning felt like I was back at square one. I had a timer to take him about every 20 minutes to try, but he still had lots of pee accidents. I felt like his bladder timing was all over the place. Then by mid day things began to improve, and he has had only a handful of pee accidents since then. On day 2 or 3 he finally had his first bowel movement in several days (I think he had been holding it) and I had a big fire truck toy that he got to unwrap. So that was really a big deal for him and emphasized his accomplishment. After 1 month, he is still in pull-ups at nap time and bed time. He may have had one bowel movement accident in the past week, and sometimes he waits too long to pee and his underwear is damp. But otherwise he has done excellent with telling me he needs to go potty. He loves being a big boy and telling me he's not a baby who wears diapers anymore. I highly recommend this book but go into it with an open mind. All kids are different and you know your child best.

We've used this book as our method for potty training all three of our kids, our oldest, a girl, was successfully potty trained at 2 1/2 (Teri gives guidelines to check for readiness, so don't assume

that 2 1/2 is too early, nor that 3 1/2 is too late - let your child's development level guide you - that's tip number one!). Our two boys, a couple years apart, also potty trained with this method. I will say this, plan for a marathon day. We were literally physically EXHAUSTED after the training party day, but the lesson stuck every time. (Tip #2, get the doll she suggests, one that pees on command!) With our daughter, we had concerns about whether to interrupt the day for her nap, and we emailed the author, who includes her email address. How surprised were we when the next day we got a phone call from Teri herself! We talked for about 1/2 an hour, she gave us great advice (skip the nap, the day will be busy and that's the point, plus early bed time!) I absolutely CANNOT guarantee that she'll call you, but we were blown away that an Author would do that! SIMPLY PUT: Buy this book. Read it. Even if you don't follow it to the proverbial T, you'll get good advice that you can use when you (and your wee one(s)) are ready.

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